

Dear Parents,

Inclusion Newsletter Summer 1 2024



The start of the summer term brings lots more exciting developments across school linked to inclusion. This issue will focus on the pastoral support we offer in school, in particular some further information about the support our Therapeutic Play Practitioner Fi offers in school to children.



Mrs Jones –
SENDCo

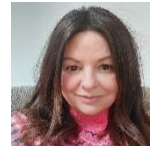
Mr Shrimpling -
Deputy Headteacher



Miss Mannion –
Learning Mentor



Fi Daly –
Therapeutic Play Practitioner



Therapeutic Play support at Brooklands- an update from Fi.

It's hard to believe it's been a full year since I joined Brooklands Primary School. I've been overwhelmed by the warm welcome, especially from the children who truly appreciate the support our school offers. As I've settled into my role, I've been hard at work developing initiatives to benefit the children, the staff, and making myself available for parents with any questions or concerns they may have. The primary focuses of my work has been providing 1-1 therapeutic play sessions and group work which has been met with enthusiasm, as the children eagerly and honestly participate. As a member of the Inclusion team, I am focused on identifying the most effective individual interventions. These interventions range from enhancing play skills, providing personalised sensory support, delivering whole-class sensory lessons and as a team we conduct regular check-ins and ensure consistent co-regulation and de-escalation techniques are implemented throughout the school.

The main emphasis of my work is on small changes; these often have the greatest impact. I have worked with very withdrawn children who over time have been able to find their own "voice". I find it phenomenal to see how play therapy can have such a huge impact. If anyone has questions about my work or would like to know more about the webinars and courses I can recommend, please don't hesitate to reach out. Here's to another year of growth and support at Brooklands Primary!



Zones of R-egg-ulation

At the end of last term, as part of school's Easter celebrations, we were thrilled to see that the Zones of Regulation work we have been doing in school has had an even wider impact than we thought at home- they even inspired some children's Easter egg designs!

It was so egg-citing to see that children have obviously been talking about the Zones of Regulation at home, and this inspired their Easter creations- - what egg-cellent designs everyone!

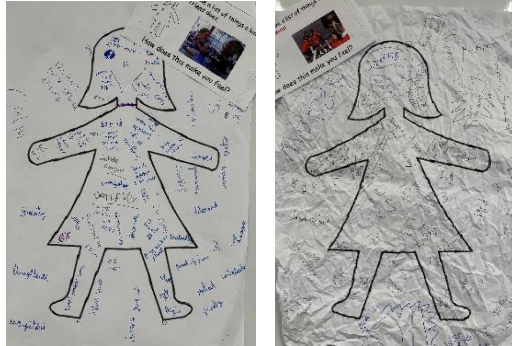


Thank you for reading this issue of the Inclusion Newsletter. If you have any questions regarding anything SEND/Inclusion, please do not hesitate to contact me via the School Office.

Mrs Jones and the Inclusion Team

Inclusion Newsletter Summer 1 2024

Focus on Friendship



Led by Miss Mannion and Fi, Year 4 girls participated in a lively & productive lesson about the importance of friendship. They all shared their positive and negative experiences of friendship and demonstrated a deep understanding of the most crucial skills for creating and nurturing friendships. We look forward to seeing the girls embodying their friendship values and hearing about their experiences when we meet up again next term.

Tips for all parents when talking about friendships at home with your child:

1. Reassure children that it's natural for friends to fall out sometimes.

Children's friendships often change and can look different depending on your child's age and stage of development. While having friends at school is important, it is perfectly ordinary for your child to have difficulties with their friendships. Let your child know that being friends doesn't always mean agreeing or getting along with others all the time.

2. Help your child move past the anger and hurt.

It's important to help our children learn how to make up again. Listen to your child and show you understand how they're feeling by helping them name their emotions. Once your child feels understood, they will be better able to move past the anger and the hurt. That's when you can help them to start problem-solving.

3. Encourage them to come up with their own ideas to deal with friendship issues.

Friendship difficulties can happen for different reasons. Your child might be shy or like to take control or lack confidence with friends. You can help. Talk to them about what makes a good friend, and practice friendship skills such as listening, sharing, compromising, and negotiating. Sit together and explore examples in everyday life, and from TV and books. This will help your child think about what makes a good friend and feel less worried about friendship issues.

You can also encourage friendships beyond school, like joining clubs or arranging to have play dates.

Dates for your diary

Summer term pupil profiles to parents	26/4/24	Mental Health Awareness Week	6/5/24
Y5 Residential	7-8/5/24	Y6 SATs	Wb. 13/5/24

Thank you for reading this issue of the Inclusion Newsletter. If you have any questions regarding anything SEND/Inclusion, please do not hesitate to contact me via the School Office.

Mrs Jones and the Inclusion Team