

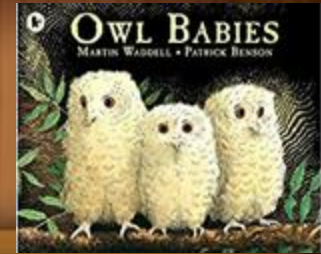
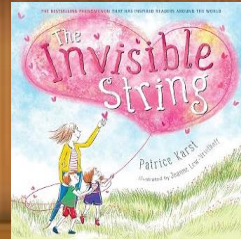
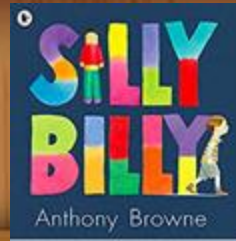
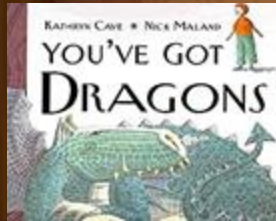
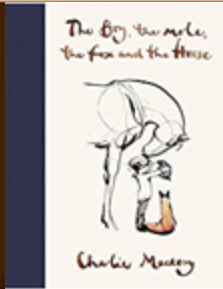


**Brooklands**  
Primary School

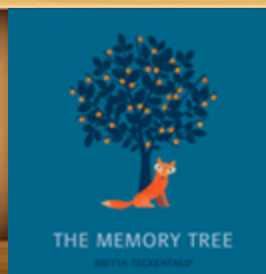
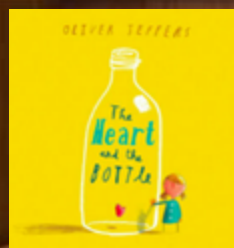
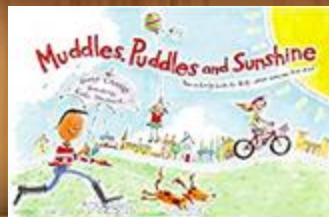
# Pastoral Book List

2026

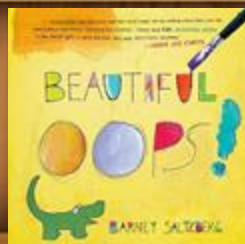
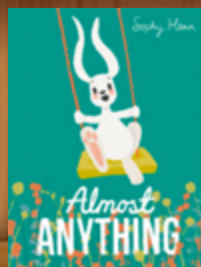
## Anxiety and Worries



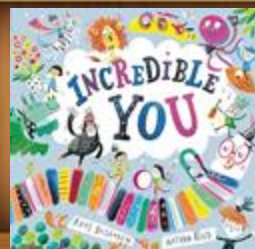
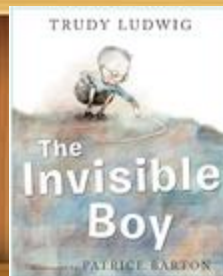
## Bereavement and loss



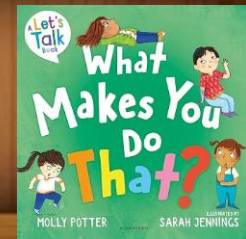
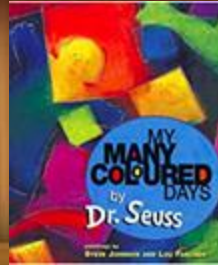
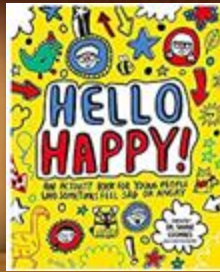
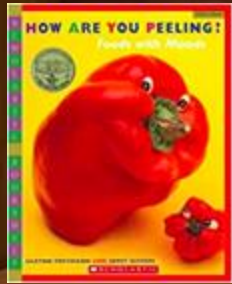
## Growth mindset and resilience



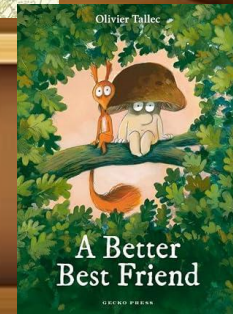
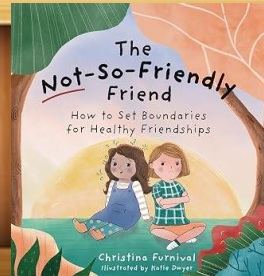
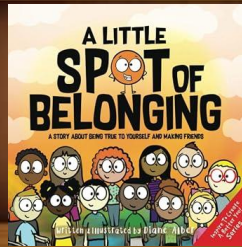
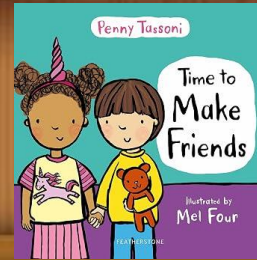
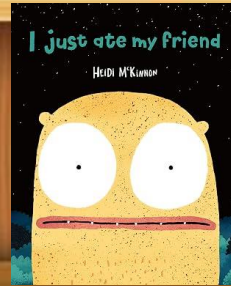
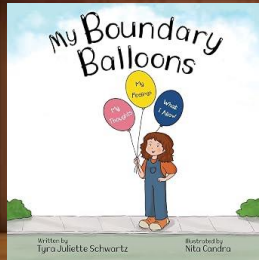
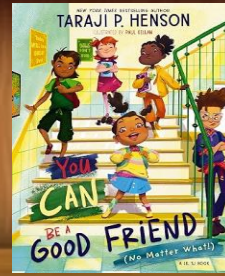
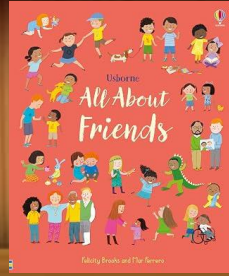
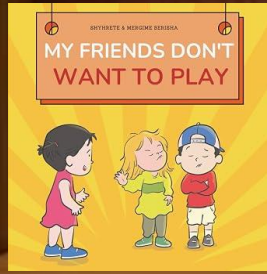
## Celebrating differences and self esteem



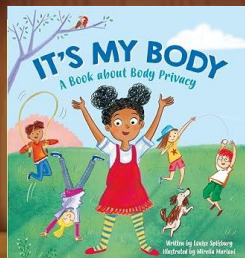
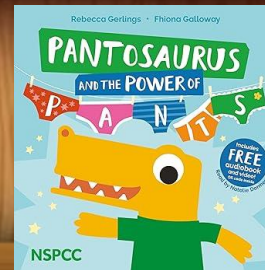
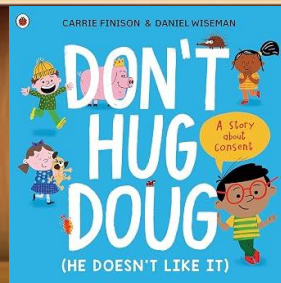
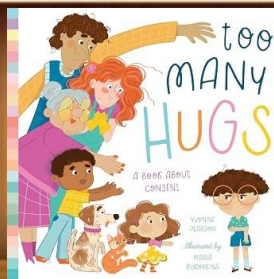
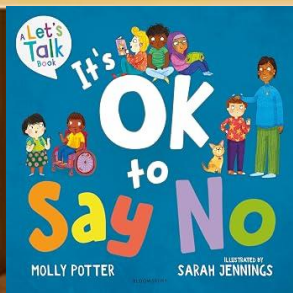
# Feelings



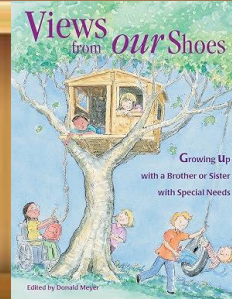
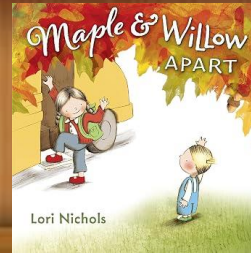
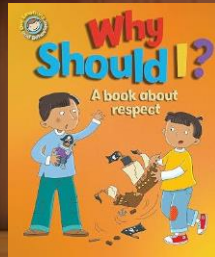
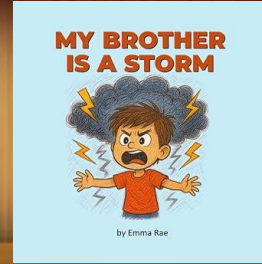
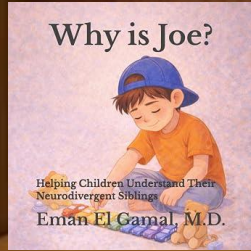
# Friendship



## Consent and saying No



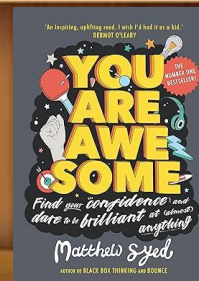
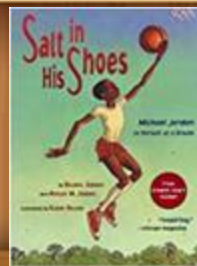
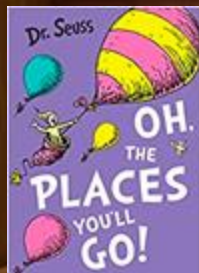
# Siblings



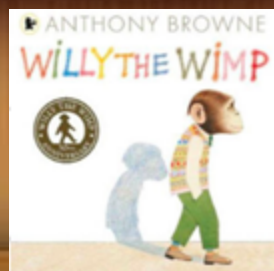
# Empathy



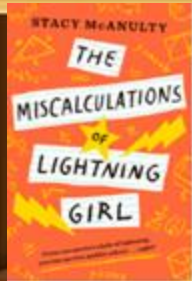
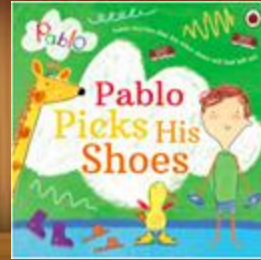
## Life choices, targets and goals



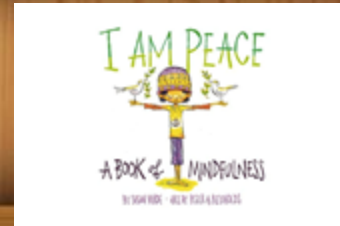
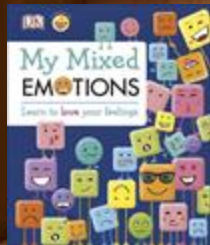
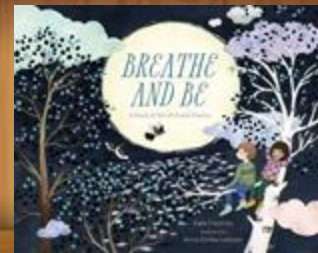
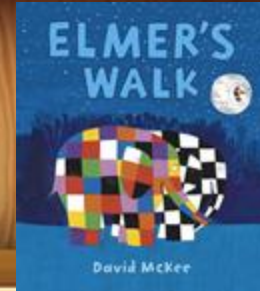
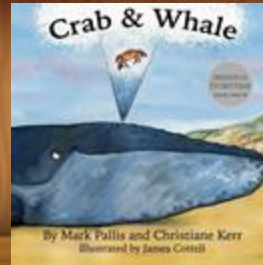
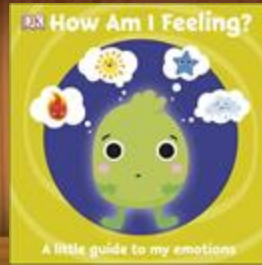
## Feeling excluded



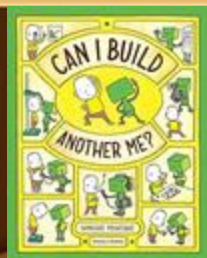
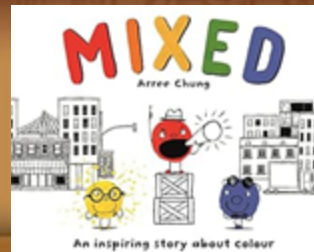
## Neuro-divergant (e.g. Autism)



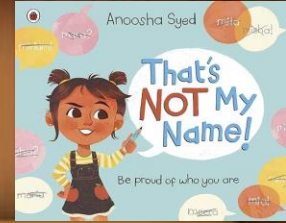
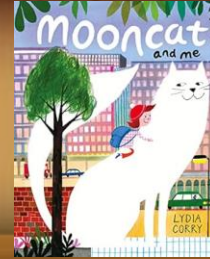
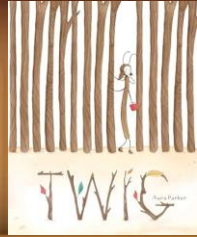
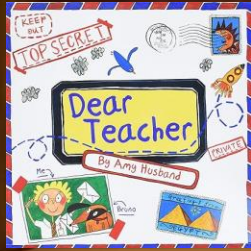
# Mindfulness



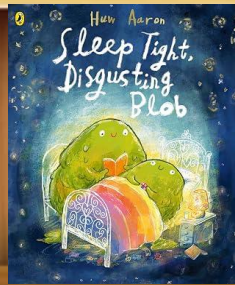
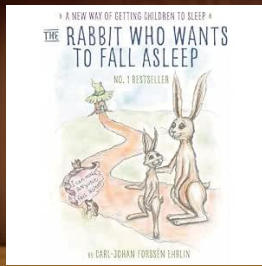
## Transitions



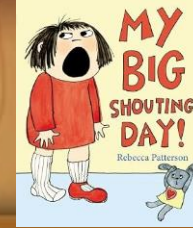
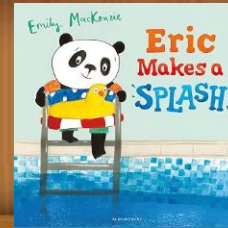
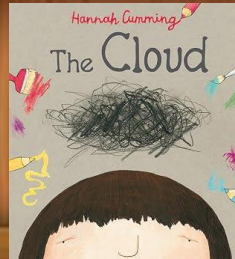
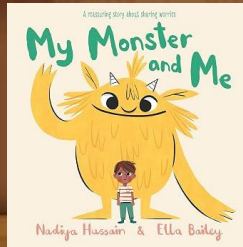
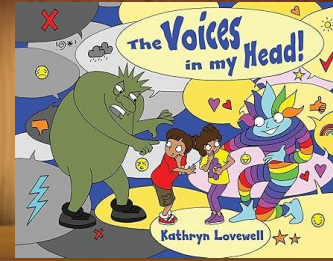
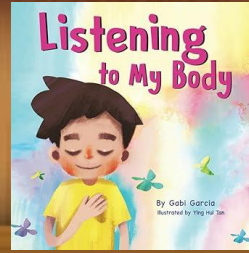
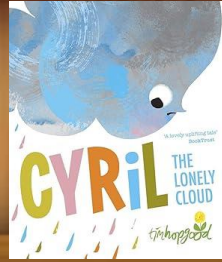
## Transitions



## Sleep



## Zones of Regulation



## Life events

